

# **HS160**

## **Introduction to Esthetics**

**2 Credits**

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Created: 01/06/2006

Revised: 01/06/2015

Approval: 01/06/2015

The Implementation Date for this Outline is 01/09/2015

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## HS160 Version: 5



### Introduction to Esthetics

#### Calendar Description

Introduction to Esthetics provides the students an overview of safe practices in the work place regarding bacteriology and sanitation. Course content includes formulating the professional image, practices and skills to work with the public. The course concludes with the historical perspective and approaches to the world of cosmetics.

#### Rationale

This is a required course for Esthetician students. In order to effectively work with the public, students must know the importance of your personal image, prevention and safe procedures as well as the past and present practices of skin care.

#### Prerequisites

None

#### Co-Requisites

None

#### Course Learning Outcomes

Upon successful completion of this course, students will be able to

1. describe and explain bacteriology and sanitation.
2. discuss methods of hair removal and waxing procedures.
3. identify the importance of personal, emotional and physical well being.
4. define and demonstrate professional ethics.
5. discuss the different cosmetics used by earlier cultures.
6. explain how we have benefited from health & beauty practices of past cultures.

## Resource Materials

### **Required Text:**

Gerson, J., et al. (2013). *Milady standard esthetics: Fundamentals* (11<sup>th</sup> ed.). New York, New York, NY: Cengage Learning. ISBN -13:978-1-1113-0689-2.

Harrity, J. (2013). *Milady's standard esthetics: Fundamentals Student Workbook* (11<sup>th</sup> ed.) New York, New York: Cengage Learning. ISBN-13:978-1-1113-0689-2.

### **Reference Text:**

None

## Conduct of Course

Lectures, videos, class discussions, simulation labs, and guest speakers are used to deliver the course content. Participation is necessary.

## Evaluation Procedures

Grading system is based on the number of points received for each assignment. Students are required to complete all assignments and the exam.

Assignments: 50%

Final Exam: 50%

Points are accumulated for a total possible 100 points. The accumulated points are converted to a final grade using the following scale.

## Grade Equivalents and Course Pass Requirements

***A minimum grade of D (50%) (1.00) is required to pass this course.***

Letter	F	D	D+	C-	C	C+	B-	B	B+	A-	A	A+
Percent Range	0-49	50-52	53-56	57-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-100
Points	0.00	1.00	1.30	1.70	2.00	2.30	2.70	3.00	3.30	3.70	4.00	4.00

**Students must maintain a cumulative grade of C (GPA - Grade Point Average of 2.00) in order to qualify to graduate.**

## Attendance

Regular attendance is essential for success in any course. Absence for any reason does not relieve a student of the responsibility of completing course work and assignments to the satisfaction of the instructor. Absences may result in probation or suspension from the program.

In cases of repeated absences due to illness, the student may be requested to submit a medical certificate.

*Instructors have the authority to require attendance in classes.*

## Course Units/Topics

1. Bacteriology
2. Sterilization/Disinfection
3. Salon Safety Practices
4. Creating the Professional Image
5. Esthetics - Past and Present



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