

**HS 114**  
**Human Development I**  
**3 Credits**

Instructor: Nina  
Phone: 780 853 8509  
Original Developer: Pat Wasylik  
Current Developer: Nina Barrett  
Reviewer: Joanne McDonald  
Created: 07/05/2004  
Revised: 12/05/2020  
Approval: 26/05/2020  
Alternate Delivery: Yes

The Implementation Date for this Outline is 01/09/2020

Copyright©LAKELAND COLLEGE. Email: [admissions@lakelandcollege.ca](mailto:admissions@lakelandcollege.ca)  
2602 - 59 Avenue, Lloydminster, Alberta, Canada T9V 3N7. Ph: 780 871 5700  
5707 College Drive, Vermilion, Alberta, Canada T9X 1K5. Ph: 780 853 8400  
Toll-free in Canada: 1 800 661 6490



## HS 114 Version: 12



# Human Development I

## Calendar Description

This course provides students with an understanding of the developing child from birth to five years. It traces the changes that occur physically, socially, emotionally, and intellectually during this period in an individual's life.

## Rationale

This is a required course for Child and Youth Care, Early Learning and Child Care, and Educational Assistant students. Human development is the study of how genetic and environmental factors influence development and why ages and stages of children change over time. Successful human services practitioners need to understand these factors and changes that aid them in understanding the people they work with.

## Prerequisites

None

## Co-Requisites

None

## Course Learning Outcomes

Upon successful completion of this course, students will be able to

1. recognize the effects of heredity and environment on the developing child.
2. describe the developing competencies of the infant during the first two years.
3. describe the process of language acquisition and sequence of language development.
4. describe brain development and its impact on motor skills, cognitive, language and emotional development during infancy and the preschool years.
5. explain and critique theories of cognitive development during infancy and early childhood with particular emphasis on Piaget (constructivism).

6. describe the factors that affect the quality of the relationship between the infant and caregiver including: attachment and separation behaviours, stranger anxiety, bonding, and adult-child interactions.
7. discuss the factors that influence social and emotional development in the preschool child including theories of social and personality development, family and peer relationships and gender issues.
8. identify the effect of different child-rearing patterns on development.
9. identify developmental issues that arise from experiences and generate approaches to working with those situations.

## **Resource Materials**

### ***Required Text:***

Boyd, D., Johnson, P., & Bee, H. (2020). *Revel for Lifespan Development—Access Card*

(7th Canadian edition). Pearson Education Canada.

### ***Reference Text:***

None

## **Conduct of Course**

This course includes lectures, discussions, PowerPoint presentations and videos to provide an understanding of human development and the contributing contexts that support development. Self study using the text's accompanying study guide is advised.

## **Evaluation Procedures**

All exams and assignments must be completed to obtain a final grade.

Application Assignment	25%
Content Reinforcement Exam	20%
Content Reinforcement Exam	20%
Content Reinforcement Exam	20%
Graded Discussion	15%
Total	100%

## Grade Equivalents and Course Pass Requirements

*A minimum grade of D (50%) (1.00) is required to pass this course.*

Letter	F	D	D+	C-	C	C+	B-	B	B+	A-	A	A+
Percent Range	0-49	50-52	53-56	57-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-100
Points	0.00	1.00	1.30	1.70	2.00	2.30	2.70	3.00	3.30	3.70	4.00	4.0

**Students must maintain a cumulative average grade of C (GPA - Grade Point Average of 2.00) in order to qualify to graduate.**

### Attendance

Regular attendance is essential for success in any course. Absence for any reason does not relieve a student of the responsibility of completing course work and assignments to the satisfaction of the instructor. Frequent absences may result in the student being probation. Further absences may result in suspension from the program.

In cases of repeated absences due to illness, the student may be requested to submit a medical certificate.

*Instructors have the authority to require attendance in classes.*

### Course Units/Topics

1. Introduction to Human Development
  - Basic concepts and methods
    - i) scientific study of human development
    - ii) contemporary developmental psychology
    - iii) research designs and methods
2. Overview of theories of development
3. Prenatal development and birth
  - i) pregnancy and prenatal development
  - ii) problems in prenatal development
  - iii) birth and the neonate
4. Development in Infancy
  - a. Physical development
    - i) the brain and the nervous system
    - ii) reflexes, sensory abilities and behavioural states

- iii) other body systems and motor skills
  - iv) health promotion and wellness
  - b. Cognitive development
    - i) perception
    - ii) sensorimotor period
    - iii) learning and memory development
    - iv) individual and group differences
  - c. Language Development
    - i) the beginnings of language (theoretical perspectives, speech perception, sounds, gestures and word meanings.
    - ii) changes in language ( first sentences, grammar explosion, phonological awareness, strengthening language skills in preschoolers and individual variation)
  - d. Social and personality development
    - i) theories of social and personality development
    - ii) attachment
    - iii) personality, temperament and self-concept
    - iv) non-parental care
    - v) effects of gender
5. Development in Early Childhood
- a. Physical development
    - i) growth and motor development
    - ii) the brain and the nervous system
    - iii) health promotion and wellness
  - b. Cognitive development
    - i) preoperational stage
    - ii) other theories of cognitive development
    - iii) differences in intelligence
  - c. Social and emotional development
    - i) theories of social and personality development
    - ii) family relationships
    - iii) peer relationships
    - iv) personality and self-concept
    - v) gender concepts and roles



Copyright©LAKELAND COLLEGE.  
2602 - 59 Avenue, Lloydminster, Alberta, Canada T9V 3N7. Ph: 780 871 5700  
5707 College Drive, Vermilion, Alberta, Canada T9X 1K5. Ph: 780 853 8400  
Toll-free in Canada: 1 800 661 6490 E-mail: [admissions@lakelandcollege.ca](mailto:admissions@lakelandcollege.ca)