

**YC211**  
**Family Support & Intervention**  
**3 Credits**

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## YC211 Version: 23



# Family Support & Intervention

## Calendar Description

This course emphasizes the dynamics, functions, and elements of family systems. The course is taught using lectures, class discussion, a hands on assignment and guest speakers. Students are given the opportunity to apply what they are learning and to examine their own family of origin and its impact on the CYC professional.

## Rationale

This is a required course for second year Child and Youth Care students. Students need to develop an ability to assess a family and plan for an effective intervention, designed to meet the needs of each family member.

## Prerequisites

HS240 Family Studies

## Co-Requisites

None

## Course Learning Outcomes

Upon successful completion of this course, students will be able to

1. describe the impact that the family of origin has on them as an individual and as a CYC professional.
2. explain how relationships and mental and physical health are interdependent in family life.
3. describe the role of the CYC worker within the family system.
4. demonstrate an ability to assess family dynamics, which include family values, roles, developmental stages, communication patterns, and strengths, and challenges.
5. demonstrate an ability to determine needs and goals for families.
6. develop an intervention (service) plan that address identified needs.
7. describe the methods that evaluate family change.
8. identify and discuss elements of a CYC approach to working with families.

## Resource Materials

### ***Required Text:***

Thomlison, B. (2016). *Family assessment handbook an introductory practice guide to family assessment* (4th ed.). Nelson.

### ***Reference Texts:***

Free download available for Genograms: [www.genopro.com](http://www.genopro.com)

This program is the preferred way of doing genograms for this course and students are encouraged to download the free software and use it throughout the course.

## Conduct of Course

This course uses instructor presentation, PowerPoint facilitated lectures, class discussions, students' self-directed learning, exams, assignments and assigned readings to facilitate students' understanding of their family of origin, how that impacts their role as a CYC professional, and how to complete a genogram.

## Evaluation Procedures

|                     |             |
|---------------------|-------------|
| Exam                | 30%         |
| Genogram Assignment | 30%         |
| Exam                | 30%         |
| In Class Discussion | <u>10%</u>  |
| <b>TOTAL</b>        | <b>100%</b> |

## Grade Equivalents and Course Pass Requirements

*A minimum grade of D (50%) (1.00) is required to pass this course.*

|               |      |       |       |       |       |       |       |       |       |       |       |        |
|---------------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|
| Letter        | F    | D     | D+    | C-    | C     | C+    | B-    | B     | B+    | A-    | A     | A+     |
| Percent Range | 0-49 | 50-52 | 53-56 | 57-59 | 60-64 | 65-69 | 70-74 | 75-79 | 80-84 | 85-89 | 90-94 | 95-100 |
| Points        | 0.00 | 1.00  | 1.30  | 1.70  | 2.00  | 2.30  | 2.70  | 3.00  | 3.30  | 3.70  | 4.00  | 4.00   |

**Students must maintain a cumulative grade of C (GPA - Grade Point Average of 2.00) in order to qualify to graduate.**

## Attendance

Regular attendance is essential for success in any course. Absence for any reason does not relieve a student of the responsibility of completing course work and assignments to the satisfaction of the instructor. Frequent absences may result in the student being probation. Further absences may result in suspension from the program.

In cases of repeated absences due to illness, the student may be requested to submit a medical certificate.

*Instructors have the authority to require attendance in classes.*

## Course Units/Topics

### I. Examination of Family of Origin

1. Identification of Family Rules
2. Relationship Among Family Members
  - a. closeness and distance
  - b. differences
  - c. triangles
  - d. birth order
3. Genogram of your family of origin

### II. Foundations for Family Assessment and Intervention

1. Child and Youth Care Approach to Family Intervention
2. The Context for Family Work
3. A Framework for Understanding the Family

### III. Family Assessment and Intervention

1. The Family System
2. Intergenerational Family Systems
3. Children, Youth and Family Services, an overview

### IV. Various Topics from: A Child and Youth Care Approach to Working with Families



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