

**AN 223**

**Integration of Animals into Settings**

**3 Credits**

Instructor: TBA

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## AN 223 Version: 2



# Integration of Animals into Settings

## Calendar Description

This course provides an in-depth understanding of how to ethically and effectively integrate animals into 3 different types of settings. The 3 settings include: 1. Working as a mental health therapist with animals in an office setting, 2. Working in an educational setting and 3. Working in rehabilitation centres/facilities.

## Rationale

This course provides the details for how to integrate animals into a variety of settings. Students are encouraged to review the content from the Law and Ethics course to ensure they are carrying forward the intricate ethical details for practitioners of AAI, for participants of AAI, for the animals in AAI and for the facilities/institutions in which AAI is carried out.

The main goal of this course is to provide details of why and how we would bring animals into our offices, classrooms and facilities. You are educated how to do this properly in these three settings and challenged to design your up and coming AAI program's documents (paperwork), evaluation methods, policies and procedures. You are expected to design your action plan and be prepared to outline the steps you need to take to begin to prepare for working in this field of AAI.

## Prerequisites

None

## Co-Requisites

Law and Ethics of AAI

## Course Learning Outcomes

Upon successful completion of this course, students will be able to

1. describe the foundational framework of AAI's - models and logistics.
2. discuss the importance of balance in AAI and how to maintain it.
3. explain when and when not to incorporate animals into interventions.
4. discuss general ways animals can assist populations of people.

5. examine how to incorporate animals into Therapy Offices ethically and effectively.
6. identify how to incorporate animals into Educational Settings ethically and effectively.
7. describe how to incorporate animals into Rehabilitation Centres ethically and effectively.
8. describe how to ethically and effectively work with Equines in AAI.
9. examine the many policies and procedures, documentation and evaluations necessary for AAI programs.
10. design and explain your action plan and where you are going from here in AAI.

## Resource Materials

### *Required Textbooks:*

Fine, A. H. (2019). *Handbook on animal-assisted therapy: Foundations and guidelines for animal assisted interventions* (5<sup>th</sup> ed.). Academic Press.

Chandler, C. K. (2012). *Animal assisted therapy in counseling*. Taylor & Francis Group, LLC.

## Conduct of Course

This course includes online lecture, discussions via discussion boards, PowerPoint presentations with embedded audio clips and assignments to deliver the course content. Self-study using referenced texts and articles is recommended. Participation is necessary.

## Evaluation Procedures

The requirement for marks in this course consists of assignments, a midterm exam, a final exam and participation. A possible 100 points can be obtained by completing all aspects of the requirements for this course.

A. Midterm exam	30%
B. Assignments	30%
C. Final exam	35%
D. Participation	5%
Total	100%

“Lakeland College is committed to the highest academic standards. Students are expected to be familiar with Lakeland College policies related to academic conduct and academic honesty and to abide by these policies. Violations of these policies are considered to be serious and may result in suspension or expulsion from the College”.

## Grade Equivalents and Course Pass Requirements

*A minimum grade of D (50%) (1.00) is required to pass this course.*

Letter	F	D	D+	C-	C	C+	B-	B	B+	A-	A	A+
Percent Range	0-49	50-52	53-56	57-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-100
Points	0.00	1.00	1.30	1.70	2.00	2.30	2.70	3.00	3.30	3.70	4.00	4.00

**Students must maintain a cumulative grade of C (GPA - Grade Point Average of 2.00) in order to qualify to graduate.**

### Attendance

Because this course is on-line, attendance is demonstrated by keeping up with readings and assignments, participation in dialogue on the discussion board and completing course work and assignments to the satisfaction of the instructor.

In cases where illness impedes participation, the student may be requested to submit a medical certificate.

### Course Units/Topics

1. Foundational Framework of AAI's - Models and Logistics of Working Within Them –  
Diamond, Triangle models
2. Balancing our AAI Team with Environmental Factors
  - a. Introducing the Kite Model of AAI
3. When and When Not to Incorporate Animals into Interventions
  - a. General Ways Animals Can Assist
  - b. Who Can We Help With AAI
4. Working with Animal in Office Settings
  - a. Review the Definition of AAT
  - b. Training Required for Animals to Work in Public (i.e., office settings)
  - c. What Handlers are Required to Have for Working Animals (The Animal Care Bag)
  - d. Proper Set up of an Office for AAT
  - e. Appropriate Introduction of the Therapy Animal to Clients
  - f. Ways to Incorporate Animals into Therapy/Counselling

- g. Introduction to Techniques and Intentions of AAT's
  - h. Directive and Non-Directive Canine Assisted Play Therapy
  - i. Functional AAI Activities and Exercises for Issues and Diagnoses
  - j. AAT and Theoretical Approaches
  - k. Understanding the Applications of AAT Within Theoretical Approaches
  - l. Assignments in Designing Treatment Plans/Session Outlines
  - m. Documentation in AAT
  - n. Evaluating AAT programs
  - o. Policy Development in AAT
  - p. Transitioning In and Out of AAT and Termination
5. Review of Definition of Animal Assisted Education (AAE)
- a. Current Status of Animals in Schools
  - b. Researched Benefits for Students
  - c. Integrating the Research Into Indoor and Outdoor Learning Environments
  - d. Getting the Educational Institution on Board
  - e. Policies and Procedures in Educational Settings
  - f. Caring For Classroom Pets
  - g. Introducing the Wellness Animals
  - h. Evaluation of AAE Programs
6. Overview of working with animals in facilities and rehabilitation centres
- a. Definition of AAA Reviewed
  - b. Activities in AAA
  - c. Training and certification required for animal
  - d. Must Do's for Animals in Facilities
  - e. What Handlers are Required to Have for Working Animals (The Animal Care Bag)
  - f. Appropriate Introduction of the Animal to Participants
  - g. How to prepare to go on site / On site facility assessments
  - h. Documentation and Evaluation Facility AAI's
  - i. Policy Development in Facility AAI's
  - j. Transitioning In and Out of AAA and Termination

7. Overview of working with equines to help people
  - a. Safety considerations for people, facilities
  - b. Variety of models and Terminology: EFC, EAGALA, etc.
  - c. Research in Equine Assisted Interventions
  - d. Choosing and Screening Equines
  - e. Training and Certifying Equines
  - f. EAI activities – list of resources to reference
8. Summary of Integrating Animals into Settings
  - a. Examples of Who is Partnering with Animals in AAI
  - b. Some Thoughts about Preparing to Offer AAI
  - c. Checklist of Necessities for Incorporating Animals into Interventions



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